

HEALING

Many plants have a history of providing comfort, restoration, and inspiration. Different communities found medicinal purposes for plants and passed down knowledge from generation to generation. People sought answers for common ailments, spiritual needs, and general health. As communities met on American soil, they shared this knowledge. Healing the spirit through beauty and escape, people have used ornamental plants to enhance homes, parks, public spaces, cemeteries, and places of significance. Other plants have been used to heal the land itself.

Did you know?

Herbal remedies remain popular today. However, medicinal plants can be toxic if used incorrectly, making helpful plants harmful. What plants are used for healing in your culture?

