

# MEMORY

Native communities and newcomers have shared plants and adapted them for their own personal use. Many plants native to the Americas have been used for food and fiber and honored as elements of cultural heritage. People brought plants as heirlooms to evoke memories and to continue traditions.

## ***Did you know?***

Often a fragrance can impact your strong sense of smell and bring back memories. The scent may be of a favorite dish or of the trees outside a relative's house. What fragrant plants remind you of your heritage?

